

Cement Masons Health and Welfare Trust Fund for Northern California  
220 Campus Lane  
Fairfield, CA 94534-1499  
1 (707) 864-3300 or 1 (888) 245-5005  
[www.norcalcementmasons.org](http://www.norcalcementmasons.org)

## IMPORTANT ANNOUNCEMENT

DATE: May 21, 2009

TO: All Active and Retired Plan Participants Enrolled in the Direct Payment Plan

RE: Benefit Improvement – Routine Physical Examination Benefit

Effective **May 1, 2009**, the Routine Physical Examination Benefit has been increased:

- Active or Retired Employee and Spouse:
  - Increase from \$200 to \$300 per Plan Year.
- **Active Only:** Dependent Children older than 24 months:
  - Increase from \$50 to \$200 per Plan Year.

We are pleased to be able to increase this benefit at this time and encourage you to use the benefit each Plan Year.

If you should have any questions, please contact the Trust Fund Office, Monday through Friday, 8:00 AM to 5:00 PM.

Sincerely,

Board of Trustees